“Transition to adulthood” is a complex and ongoing process. Transition begins as soon as a child is born, continues as the child becomes an adolescent, and evolves as the youth enters into early adult life. Learn how to approach transition planning using the elements of the IEP transition process.

Use Transition Planning and the IEP as a reference and resource to help frame the planning for adulthood.

Follow three youth with autism on their path to life after high school.
Consider seven elements for transition planning from vision to adulthood. Evidence Based resources and examples included.

1. **Age Appropriate Transition Assessment**
   Discover Meaningful Information for Adult Life Planning

2. **Student Vision**
   Envision the Future

3. **Postsecondary Goals**
   Develop Adult Life Goals

4. **Course of Study**
   Design Educational Pathway to Adulthood

5. **Transition Services**
   Include Experiences and Activities to Facilitate Success

6. **Involved Needed Agencies**
   Assemble a Network of Support for Adult Life

7. **Align Annual Goals**
   Identify Steps to Connect School to Adult Life

For more information and resources visit www.ocali.org/project/transition_to_adulthood_guidelines