

This newsletter is from our friends at Autism Society of Indiana



AUTISM
SOCIETY
OF INDIANA
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July 26, 2016

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From the Trenches!

Dear Friends,

For some of us, the beginning of the school is mere days away, for others it's just a few weeks off. The one thing that we are all thinking regardless of is when the front doors open, "**How can we prepare our kids for the beginning of school?**"

Natalee Mace, and I, did a Facebook Live video regarding tips and tricks that can be utilized from home and into the school year that will help ease the transition back into the classroom. Here are a few highlights from our presentation:



- Find the schedule that you would like to utilize during the school year and adjust with 15 minute increments.
- Put your morning and night routine into practice.
- Contact your teacher and see if you can come to the school.
- Practice route from bus to classroom.
- Practice walking to different parts of the school. (*cafeteria, music room, art room*)
- Practice morning routine in classroom. (*hanging coat, marking lunch, getting worksheet*)
- Practice dismissal routine.
- Practice route from classroom out to bus.
- Talk about riding the bus and expectations.

For Middle and High school

- Practice schedule route. First period to last period.
- Make sure schedule is posted for easy access.
- Utilize checklists for classes and homework.
- Locate locker and practice with the lock.
- Talk with teachers about early and late dismissal for easier transition class to class.
- Discuss communication avenues for teachers to contact you and you to contact teachers.
- Practice route to and from bus stop.
- Talk about riding the bus and expectations.
- Talk about who and how they will communicate with friends and teachers.

For a more inclusive and detailed accounts of how to implement these strategies you can watch our "Ask A Ally: School Preparedness" Facebook Live video. In the next section in this newsletter below is the link to the video to watch and you can download the document with the resources that was mentioned in the video.

If you have any tips or tricks that you use and would like to share, please post on your social media using the hashtag: #AskAAllyBack2Cool.

We also have an article called ["School and Education Resources for Parents"](#) on our ASI website with more educational resources. Plus you can also contact your [local Autism Ally](#) if you have any questions.

Hope you have a wonderful 180 days!

Sincerely,

Andrea Gilkison
Autism Ally
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News and Events From ASI Allies

Autism Allies Presentations I Training I Events

Mary Roth, Lead Autism Ally (Central Indiana) on August 5th will be going to Pathways to Health: The Indiana Summit on Disability and Health.

Providing support, workshops and training sessions about autism is one of the specialties for the ASI Autism Allies at no cost.

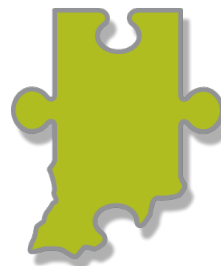
[Contact your local Autism Ally to schedule a training.](#)

Ask an Ally "Facebook Live Video" Series

We had our first "Ask an Ally" Facebook Live Video series yesterday about Ideas & Tips for Back to School with **Natalee Mace and Andrea Gilkison**, ASI Autism Allies. They shared a lot of information and ideas about getting prepared for going back to school. If you missed watching the video [follow this link](#)! Do you have any ideas or tips that works for you? Please share it on your social media using this hashtag: #AskAnAllyBack2Cool

[Download this document](#) with all the resources and information Natalee and Andrea shared during the video.

Also, please [take this quick survey](#) to help us make our "Ask an Ally" Facebook Live



Events throughout the State of Indiana

Ticket to Work and Reasonable Accommodations July 27th (Webinar)

Some people with disabilities may be able to work and continue receiving disability benefits. On July 27th, tune in to a free webinar from the Social Security Administration to learn about the Social Security administration's Ticket to Work program and support services for people who are ready to work. [More information.](#)



Register for August Parenting Counts Workshops July 29th (Terre Haute)

If you are a parent, caregiver, or child care provider, this fun, education series will help you add more knowledge to your parenting "tool box." [More information.](#)

POS Feeding Method Workshop July 29th (Indianapolis)

Are you looking for ways to advance your feeding therapy skills? Join Peds TLC for our upcoming Feeding Training, the POS Method (Predictability, Organization, Structured) CEUs available. [More information.](#)

Dealing for Dreams August 6th (Muncie)

Join us on Saturday, August 6, for dinner, live entertainment and casino night fun at the Horizon Convention Center in Muncie, Indiana. Proceeds benefit the Erskine Green Training Institute. [More information.](#)

Leprechaun Hunt August 7th (LaPorte)

This benefits Share Foundation, which runs Sharing Meadows. This is a 100 acre residential farm for individuals with cognitive challenges. [More information.](#)

For more upcoming events around the State of Indiana, [follow this link.](#) If you have an upcoming event you would like to have posted on the ASI Event Calendar, send the event information to info@inautism.org.

National / Global News

In First, Insurer To Offer ABA Coverage Nationwide

The nation's largest health insurer says it will soon include coverage of applied behavior analysis in every group plan it offers. UnitedHealthcare said that starting next year, every small and large group plan it sells across the country will feature coverage of the autism therapy. [More on the article.](#)



10 Colleges with Programs for ASD Students

You've probably heard of schools like the University of Michigan, NYU, and UCLA. They are some of the largest in the country in terms of enrollment. However, individuals with special needs may require additional assistance in and/or out of the classroom, which these schools cannot always provide due to the sheer size of the student body.

[More on the article.](#)

3 Benefits of Playing Pokemon Go for Individuals with Autism

Pokemon Go is a free location-based app developed by Niantic for both iOS and Android devices. It encourages users to explore their environment by using augmented reality while simultaneously trying to capture as many Pokemon as possible. [More on the article.](#)

How Google Helped My Driving As A Person On The Autism Spectrum

Learning to drive as someone on the autism spectrum was difficult enough. It took me years of practicing in familiar places before I could comfortably drive around my local area.

[More on the article.](#)

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ASI Support & Merchandise

Register your Kroger Card TODAY!!

Simply register online at krogercommunityrewards.com

The money you save during each Kroger trip, by using your Kroger card, will go to ASI! Look at the bottom of your Kroger receipt to see your **total savings for the year**. The total savings can go to ASI to directly help those affected by autism in Indiana!!



Follow these instructions to register your Kroger card:

- Have your Kroger Plus card handy and register your card with **ASI's organization number: 10162**.
- If you do not yet have a Kroger Plus card, they are available at the customer service desk at any Kroger.
- Most people are new online customers, so they must click on SIGN UP TODAY in the "New Customer?" box.
- Sign up for a Kroger Rewards Account by entering zip code, clicking on favorite store, entering your email address and creating a password, and agreeing to the terms&conditions.
- You will then get a message to check your email inbox and click on the link within the body of the email; Click on My Account and use your email address and password to proceed to the next step.
- Click on Edit Kroger Community Rewards information and input your Kroger Plus Card number; Update or confirm your information.
- **Enter NPO number (10162) or Autism Society of Indiana**, select organization from the list and click on confirm.
- To verify you are enrolled correctly, you will see your organization's name on the right side of your information page.

Happy Kroger Shopping while simply supporting ASI!!

Autism Society of Indiana Support Groups

Autism Group of Goshens | Clinton County Support Group

ASI Clinton County Support Group Meeting

August 11th from 6:30pm to 8:00pm at the Abilities Services in Frankfort.

[Follow this link](#) for more information.

Autism Group of Goshens

Coffee Shop Meetings are held Sunday evenings at the Starbucks/cafe area of Martin's Supermarket, 1527 Bashor Rd, Goshens, IN at 7:00pm. One or more of the advisory board members will be there to lead a conversation.

August 7th-hosted by Christine Guth

September 11th-hosted by Brenda Yost

October 2nd-hosted by Dena Deal

[Follow this link](#) for more information about Autism Group of Goshens.



From Our "Allies In Autism" Business Partners!

ASI is happy to support our "Allies in Autism" Business Partners in their efforts to help families in Indiana living with autism!

Unlocking the Spectrum

Unlocking The Spectrum was created with the mission of making ABA Therapy accessible to ALL children with autism by providing the highest quality ABA Therapy services to areas of need. Research, conducted over the past 60 years, has shown ABA therapy to be the most effective treatment for children with autism. In fact, ABA therapy is the only therapy endorsed by the Surgeon General as an effective treatment for autism. At Unlocking The Spectrum, we believe that an effective ABA program is an essential component in allowing children with autism to reach their maximum potential.



Our therapists are the core of what we do and we love them for it! Our therapists have received extensive training in Applied Behavior Analysis techniques developed by our highly qualified BCBAs and BCBA-Ds. The educational backgrounds of our therapists vary from each individual, which contributes a wide array of skills, fundamentals, and personality to Unlocking The Spectrum. Each therapist presents a unique sense of self that strengthens the bond of our team. Our therapists provide the highest quality ABA therapy to our families, and are essential to helping our clients reach their maximum potential.

Learn how you can become an ["Ally in Autism" Business Partner](#) and enjoy promotional benefits throughout the year!

Thank you to our "Allies in Autism" business partners:

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Contact: info@inautism.org
www.inautism.org
800-609-8449



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We appreciate your gracious support so we can continue to improve all lives affected by autism in Indiana!

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