

Graphic Organizer- Perspective Taking Chart- School Example

Please add information to the chart that helps an individual understand the perspective of self and others.

Social Situation	What I Think	Consequences of My Actions	What Others May Think	Instead of (What to Do Next Time)
Shouting out answers to questions in class without being called on.	My classmates are stupid. They don't know the answers like I do. I know all the answers, so why do I have to raise my hand and wait to answer questions?	My teacher gives me detention for not raising my hand and interrupting her and the other students.	Peers: Josh is being rude. I have to raise my hand and wait, too. I want a chance to answer questions. Teacher: My students need to follow the rules. They are expected to raise their hand to answer questions. When they interrupt my teaching, I can't help all of the students in my class.	When I want to shout out an answer, I will take 5 deep breaths, grab my wait card, and wait for the teacher to call my name. If she doesn't call my name to answer the question, I will take 5 more deep breaths, put the wait card down on my desk and wait for another question. I know my teacher will sometimes call my name.

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