



Sensory Processing: Implications for Behavior and Learning

Discussion Questions

1. In your own words, why is it that your child prefers some things one day, but when changes their preferences the next day? Does stress and hunger impact your child's sensory preferences? What are some ideas you could share about how to remain flexible?
2. Select a partner and brainstorm ways you could create an environment that will meet your son/daughter's sensory needs. Discuss how you could go about communicating your child's sensory needs to school personnel.
3. What resources could you access to support children with Sensory Processing Disorders (SPD) in your area? Does your child's school district have professionals such as Occupational Therapists or Physical Therapists who help in planning for children with SPD?
4. When you think about your child, how would you know when a sensory intervention is or is not working? What are some ways to keep track of what works well and what does not?
5. A sensory diet recommended by a trained Occupational Therapist was discussed as one way to help your son/daughter with sensory processing. Can you identify any other things that you have done or learned about that you think would be successful? Can you identify any pros and cons of each?