



Getting My Vaccine

I am scheduled to get my COVID-19 vaccine.



Getting a vaccine keeps me and others safe and healthy.



There are many places that offer the vaccine. I may get my shot at a:

- Pharmacy



- Hospital



- Health Department



- School



It's OK to feel nervous getting a shot.



When I go to get the vaccine, this is what may happen.

Once I arrive to get my vaccine, I will sit and wait for my name to be called.



While I wait, I could:

- Listen to music on my device



- Play a game on my device



- Play with my fidgets



- Read a book



Once my name is called, I go to another area to get my vaccine.

The person giving the vaccine will roll up my sleeve and rub my arm with a wipe.



- This is to help clean my skin.
- This wipe might feel cold and may have an odor.

The person giving the vaccine will ask me to sit still and relax my arm.

I may look away from my arm and close my eyes if I'm nervous.

I may feel a pinch when the needle goes into my arm, but it doesn't last.



They will cover it with some type of a bandage.



After I receive my vaccine, I may need to wait for 10-15 minutes before I can leave. This is to be sure I'm ok.



Depending on which vaccine I received, I may need to schedule an appointment to get another shot at a later time. The person giving me my vaccine will help me make that appointment.



After the shot, my arm may be sore. I may have a fever, chills, aches, or feel tired. These symptoms are normal, so I'm ok. The symptoms shouldn't last long, and I will be back to myself soon.



Getting my vaccine keeps myself and others safe and healthy from COVID-19.

This makes my family, teachers, and friends happy.

