



## Family and Community Outreach Center

**The Family and Community Outreach Center at OCALI** equips and empowers families with knowledge, information, and resources to support the whole family, including the person with a disability.

[www.ocali.org/center/family](http://www.ocali.org/center/family)

# Top 5 Resources for Families

## 1. **Autism Spectrum Disorder (ASD):**

### **A Basic Introduction for Families**

Start here if your loved one has just gotten a diagnosis of autism. This booklet provides basic information, tips, and possible next steps.

## 2. **Advice From Parents Video Series**

Listen and learn from parents and siblings as they share their thoughts and perspectives on living with and caring for a family member with autism.

## 3. **Introducing Your Child to Others**

Hear other parents share their strategies for helping people understand their child's unique characteristics.

## 4. **ASD Strategies in Action**

These easy-to-use videos provide everyone in your family, as well as your child's teachers, relatives, and community members with practical information, real-life examples, and strategies that can be useful across your child's life.

## 5. **Ohio's Parent Guide to ASD**

This guide covers a wide range of topics of interest to families. Each chapter contains rich reference materials, including books, websites, and names of organizations where additional information can be found.

Access these resources and more at  
**[www.ocali.org/center/family](http://www.ocali.org/center/family)**