



## Looks Like: Ready to Learn

- Willing to complete work
- On task
- Calm body and tone
- Present in conversation
- Positive attitude
- Remains in his space
- Answers questions

### Looks Like:

### Rumbling

- Makes noises
- Tense body and tone
- Stimming
- Fetal-like position with feet on chair
- More talkative
- Negative talk spiraling
- Gets stuck on a thought
- More guestions
- Resistive to work
- Drawing on table, walls

### **Looks Like:**

#### **Crisis**

- Running
- Trying to escape area
- Kicking, pushing, grabbing
- Destroying property
- Escalating questions
- Takes his mask off
- Wants mask off of others
- Yelling, crying, blaming others
- Writing inappropriate things

Fold here

Fold here

Fold here

# Options:

# Teach and Reinforce



- Provide positive experience in quiet room (drawing)
- Teach/practice socialemotional skills
- Give reinforcements for expected behavior
- Talk about his weekend or special interests
- Build a positive relationship
- Avoid trigger words

## **Options:**

# Consider Triggers



- Provide a distraction
- Reduce the task demand
- Take a walk
- Give him a job
- Have him choose a calming space (quiet room or calming space in classroom)
- Engage him in special interest reading or drawing
- Avoid trigger words

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## **Options:**

#### **Crisis Plan**



- Refrain from engaging with him
- Use neutral prompting to redirect him
- Call CPI team to help deescalate him
- Transfer to guiet room
- Rotate staff
- To avoid staff injury, staff should remove or protect anything that can be grabbed

Created by the Autism and Low Incidence Coaching Team of the Montgomery County Educational Service Center. Modifications by OCALI.