### Example: Behavior Cue Cards for Cammie M's Team (Bus Ride)



## Looks Like: Ready to Learn

- smiling
- staying in seat
- complying with staff directions
- positive interactions with peers
- kind, pleasant tone of voice

# Looks Like:

### Rumbling

- some resistance to directions
- angry tone of voice
- quiet/distant
- looking out window
- arguing with staff/peers

### Looks Like: Crisis

- yelling
- throwing
- hitting
- out of seat

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## **Options:**

# Teach and Reinforce

- Build a positive relationship with bus staff
- Provide a job (reading) to give a positive sense of leadership and adult approval
- Prime for expectations on the bus in a fun way for all using visual cues
- Reinforce positive behaviors

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## **Options:**

# Consider Triggers



- Refrain from power struggle
- Offer calming /sensory supports (blanket, sunglasses, headphones)
- Model calm voice and deep breathing
- Distract and redirect to a preferred activity such as reading or tracing map
- Allow her to share her concerns in a respectful manner

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# **Options:**





- If needed, move other students to a different seat and instruct them to refrain from comments
- Use visual behavior cues rather than verbally engage
- Do not try to teach/process behaviors in the moment
- Redirect to seat or safe area
- Allow time/space to deescalate to yellow

Created by the Autism and Low Incidence Coaching Team of the Montgomery County Educational Service Center. Modifications by OCALI.