

## Creating the Right Fit: Support Plan

Support Plan Considerations for: <i>SCOTT</i> In this environment/situation: <i>LANDSCAPING JOB</i>		
Sensory Experiences and Input that are Encountered	Movement Allowed or Required	Potential Physical Discomfort of Situation
<ul style="list-style-type: none"> <li>• Headphones</li> <li>• Warning when using weed eater or other loud item'</li> <li>• Sitting on outside of seat in Van</li> <li>• Monitor sensitivities, specifically light and heat tolerance</li> <li>• Build in Breaks proactively</li> </ul>	<ul style="list-style-type: none"> <li>• Pacing, walking, moving built into job</li> <li>• Add lifting of bags and other heavy items to his routine</li> </ul>	<ul style="list-style-type: none"> <li>• Monitor Sleep Patterns</li> <li>• Begin later in the morning</li> <li>• Allow to sit in van on breaks, close eyes, quick rest</li> </ul>
Social Skills Needed or Expected	Communication Skills to Initiate and Respond: Needed or Expected	Understanding or Using Non-Verbal Communication Skills: Expected
<ul style="list-style-type: none"> <li>• Needs to learn the body language of boss</li> <li>• Use video modeling</li> </ul>	<ul style="list-style-type: none"> <li>• Teach how to get the attention on the job (gestures, signals)</li> <li>• Help co-workers recognize when he has having difficulty requesting help</li> <li>• Provide scripts to initiate</li> </ul>	<ul style="list-style-type: none"> <li>• Teach how co-workers/customers might look when wanting him to change subject. And what to do.</li> <li>• Video Modeling, Photos</li> </ul>
Emotional Development and Maturity Needed and Expected	Changes, Transitions and Unpredictability	Tasks Required and Level of Skill Expected
<ul style="list-style-type: none"> <li>• 5 Point Scale to help learn when getting overloaded/stressed and what to do</li> <li>• Proactive breaks</li> <li>• Reinforcement for using his breaks and other calming strategies</li> </ul>	<ul style="list-style-type: none"> <li>• Use visual schedule and photos to show the type of work assigned</li> <li>• Schedule of day with breaks and lunch included</li> <li>• Social Narrative about change</li> <li>• Use Five Point Scale for relaxation</li> <li>• Timer on watch/iPhone</li> <li>• Focus on the regular routine jobs as much as possible.</li> </ul>	<ul style="list-style-type: none"> <li>• Able to push lawnmower and trim trees, rake</li> <li>• Needs instruction in weed eater</li> <li>• Unsure of stamina</li> </ul>