

Social Autopsy - Community

What happened?

When I ordered my favorite meal, taco salad, the waitress told me that they were out of taco salads. I got upset and used curse words toward the waitress.

What was the social error? Who was hurt by the social error?

Using curse words with the waitress. I scared the waitress. I made the waitress cry.

What should be done to correct the error?

I need to apologize to the waitress.

What should be done next time?

When upset, I need to use my breathing cards to help me take deep breaths. Deep breaths will help me to calm down.

I need to find other menu items to choose from if the food item I want is not available.