

Name: \_\_\_\_\_ Behavior: \_\_\_\_\_

Replacement Skills or Behaviors: \_\_\_\_\_

Related Skills: \_\_\_\_\_

**Check and Review: *Is the Plan Balanced and Connected?***

<b>Areas of Concern ("Beneath the Surface") (Step 1)</b>	<b>Strategies that Change Setting Events</b>	<b>Strategies that Decrease Stressors</b>	<b>Strategies that Teach and Reinforce Substitute or Related Skills</b>
<i>Learning Challenges</i>			
<i>Environmental Mismatch &amp; Change</i>			
<i>Sensory/ Biological/ Medical</i>			
<i>Social/ Emotional/ Communication</i>			
<i>Motivation and Narrow Interest</i>			



## Directions

1. **Complete Identifying Information:** a) Name of Student, b) Behavior of Concern written in Measureable and Observable Terms c) Identify Replacement Skills to be Taught d) Identify the Related Skills to be Taught
2. **Transfer the Underlying Issues** in Step 1 of the Worksheet to the appropriate boxes in column one (i.e. Learning Challenges, Environmental Mismatch, Sensory/Biological, Social/Emotional/Communication, Motivation and Interests)
3. **Transfer the strategies from Section 6** of the Worksheet to the appropriate *Underlying Area Characteristic* on the *Review and Check Sheet*.

### How to Determine where strategies “fit”

- A. Select the **Underlying Area of Concern** that the strategy addresses. (The same strategy may address multiple underlying areas. This can be addressed systematically in set 4. )
- B. Determine the **category or type of strategy**. *Does the strategy:*
  - i. Change Setting Events? Or
  - ii. Decrease Stress? Or
  - iii. Teach and Reinforce Substitute (Replacement) or Related Skills?

**Record the Strategy** in the box where the Underlying Area and the Type of Strategy intersect.

4. **Multiple Focused Strategies.** Determine if the same strategy will address other underlying areas or fits multiple types. If so, record the same strategy in the additional appropriate boxes
5. **Review.** Look at the table of the Review and Check sheet.
  - A. Have strategies been developed to target *each of the underlying areas* that have been identified?  
If not, consider developing strategies to target these areas.
  - B. Is there a balance of *types of strategies* (i.e. Setting Events, Decrease Stress, Teach Skills)?  
If not, determine if additional types of strategies should be considered and added.

Example of how a single strategy may fit multiple areas.

Areas of Concern ("Beneath the Surface") (Step 1)	Strategies that Change Setting Events	Strategies that Decrease Stressors	Strategies that Teach and Reinforce Substitute or Related Skills
<b>Learning Challenges</b> <i>Difficulty with Verbal Instruction</i>			1. Visual Supports for choice making (See #4)
<b>Environmental Mismatch</b>			
<b>Sensory/ Biological/ Medical</b> <i>Sensitive touch – Needs Space</i>	2. Constant Visual reminder that breaks are available. (See #4)	3. Sensory Break options (See #4)	
<b>Social/ Emotional/ Communication</b> <i>Difficulty expressing anxiety/needs verbally</i>			4. Provide a choice board (photographs) to assist to ask for a break and select the type of sensory break needed
<b>Motivation &amp; Narrow Interest</b>			