

5-Point Scale (Voice Control at Home)

My Voice

When To Use My Voice

5	Screaming and yelling	When I am hurt or unsafe and need my family's help.
4	Outside voice	When I am outside on the trampoline or swings.
3	Normal talking voice	When we are eating dinner together as a family.
2	Whispering voice	When the family is watching a TV show or movie.
1	No voice	When mom or dad is working and having a virtual meeting with co-workers and I'm nearby.