

### ***What Did You Learn Tell About Scott's Right Fit?***

Scott wants to work in his local community a few hours a week. In the past he has tried to enter the world of work, only to find that he struggles again and again to be successful. You spend some time with Scott and his family to get to know him better so you can help make the "Right Fit".

One of the first things you notice is that Scott yawns quite a bit. His mom says he has days where he doesn't sleep well. He may wake up at 3 AM and not go back to sleep. On those days he is tired and she says he can get cranky over little things.

You also note that when you are start asking Scott question, he struggles to answer and changes the conversation to Game Shows...his favorite topic! When you change the subject back to your question, Scott seems to get nervous, anxious, and a few times Scott abruptly excuses himself. While he is out, his parents explain that when he feels himself getting anxious or nervous, he will try to find a way to take a break...to separate from the stress. They tell you that if the stress continues and he cannot manage it, or regulate... he might cry, scream or occasionally he has been known to throw items. That's why he excuses himself for a brief time.

Scott returns in 5-10 minutes and he is willing to try and engage in conversation again. In fact he seems to want to be with you and interact with you. Of course, he does continue to move it back to the game show theme. Even when you look at your watch and use some strategies to clue him in on your interests in other subjects, he seems not to be responding. You finally ask him directly if you could talk about something different, to which he agrees and tries to answer questions as best he can. Scott's conversation seems to lag when his mom and dad are both talking with you. He visibly seems anxious as the three of you chat quickly and laugh about a funny story. In fact, Scott disengages with the conversation as soon as more than one person joins the conversation. He tries hard to be part of a group, but it clearly is difficult. In the middle of all this, you also notice that when a car outside blasts it's horn to move some geese off the road, he jumps and puts his hands over his ears.

You then ask Scott about what he does during the day...what he likes to do. He has a hard time giving you a cohesive answer until he picks up his calendar / schedule. He then gives you a detailed description of the events of his past week. Similarly, when you ask about what he likes, enjoys, etc... he is quiet. His father opens a photo album on the table and slips it across the table to Scott. At that point Scott begins telling you about liking the car shows he and his dad often attend, swimming, volunteering at the food bank to help organize and label the items and looking at the price of items in stores (because that helps him play "Price Is Right". )

Scott moves easily and smoothly around the room. He gets up and down frequently and seems to favor sitting in the overstuffed chair with the pillows and high sides. He does sit on the couch briefly, but moves to the favored chair when you and his father joined him on the couch and sit on either side of him.