

Comprehensive Planning with SART

Use this worksheet to create a global plan for an individual that includes the seven effective elements of SART. **Begin with focusing on the individual.** List several of the person's strengths, interest, preferences and needs. Next, identify how the individual's support team could include strategies and supports that reflect the seven effective elements of SART in an individualized plan.

Name: DARRIN	Preferences, Interests, Strengths, Needs (PINS) Ohio Sports, Music, Tools. Darrin may be a reader. Likes and Follows routines. Concerns: Screaming- more frequent		
Element	Ideas to Include, Expand, or Improve the inclusion of the SART Elements in the Individual's Global Support Plan		
	Strategy and Support Ideas that focus on SART Element (Take into considerations the person's PINS)	Needed Materials, Information, Training, Planning, etc.	Priority 1----2----3----4 LOW HIGH
Visual/Tactile	<ul style="list-style-type: none"> Visual Schedules of daily routines to help understand what is happening and when it will happen. Use both Pictures and Words on schedule Make several copies (or access iPad) and have available to all staff in all locations. Evaluate his ability to read – Is he using pics or words? 	Need to decide between Velcro – type schedule with pics or use of iPad. Talk to team about setting collecting data on reading	4 – Cerate schedule 2- Evaluate reading
Sensory Consideration	<ul style="list-style-type: none"> Avoid loud overwhelming environments whenever possible. Opportunities to <u>proactively</u> move to 'sensory area' in the workshop and day program. Develop a job for Darrin in the quiet office area where he can shred paper, water plants, light cleaning, place address stickers on envelopes, etc. Build in new movement activities. 	Talk with office staff and observe area for potential jobs. Brainstorm with staff movement activities	2 - Job development 4 – Add sensory to schedule 3- New movement activities
Positive Reinforcement	<ul style="list-style-type: none"> Have visual choice options of music and sports magazines and sensory room available. Offer the choice options at high-risk times BEFORE screaming starts (at arrival, when transitioning). When he makes a choice, honor it immediately. 	Consider this as part of Visual/Tactile	4 - Work on this with visual schedule development 4+ - Choice Board

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Individualized & Motivating	<ul style="list-style-type: none"> Develop a daily schedule that <u>Darrin</u> helps create. Provide visual choices of activities as part of his day that include the Cavs, Browns, OSU, music and choices of music and have him place those on the schedule. Include tasks that involve tools (screwdriver, hammer) Teach him to use. Can he learn to build something to sell? 	Talk to Job Developer about possible ways to involve him in construction activities	4+ Visual Choices 2 - Job
Teaches What To Do	<ul style="list-style-type: none"> Teach Darrin to use choice board for a break, a different option, or to ask for help <i>instead of screaming</i>. Present it to him frequently. Lots of opportunities. Use priming and modeling. Use video modeling to show how it is used. Create a sign, visual choice, etc. for "NO" . Teach to use after learns about choice board. Again, use modeling/video and frequent practice 	Develop system to assure that he is given many opportunities to practice	4+ - Choices - Part of schedule / choice development 2 or 3 – "No Thank you"
Predictable & Consistent	<ul style="list-style-type: none"> Choice Board should look the same in all locations (may have different options, but the look of the choice board is the same Darrin can predict what will happen when he uses this board A schedule that is consistent and similar each day adds predictability. Does not need to be exactly the same activities, but the structure is the same. And he can count on it. 	Need to decide between Velcro – type schedule with pics or use of iPad.	4
Reliable Implementation	<p>Once all the plans are made, provide training to all Darrin's staff. Have them learn what each support is for and how to use it. Make sure all staff knows how and when to present the support to Darrin. Training includes:</p> <ul style="list-style-type: none"> Visual Schedule – How to create and how to support Darrin to use How to support Darrin in his job tasks How to create and use the choice board What type of data to collect and how. 	Train staff on use of choices and schedule in weekly meetings and by mentoring. Make John, Sue and Doug primary mentors of others. Data system development	4 Training and data system development
NOTES	<p><i>If choices are not working as anticipated, need to add the "no" option quickly. Need to decide what type of data we need. Is screaming decreasing? Is choice making increasing? Is he happier? Data does not need to pull focus of staff away from Darrin, but we want some valid way to see if we are on the right track.</i></p>		

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